

# Lax Locker 2010 East Valley



## 5<sup>th</sup> Annual Fall Youth Lacrosse Leagues Oct 17-Nov 21 (6 weeks)

### 2 Leagues

**Young Guns Instructional League (Open to all boys K-5<sup>th</sup>)**

**Middie Instructional League (Open to all boys 6<sup>th</sup>-8<sup>th</sup>)**

*Bonus: All Players in East Valley leagues can play FREE every Sunday in Lax Locker's Scottsdale League.*

*2 Leagues and 2x the fun for the price of 1.*



### When

Young Guns League---2 hr session Sat from 3-5 pm at Palo Verde Park  
(K-5<sup>th</sup> Grade) 6 weeks—Oct 16—Nov 20

Middie League---2 hr session Sat from 3-5 pm at Palo Verde Park  
(6-8<sup>th</sup> Grade) 6 weeks—Oct 16—Nov 20

### Where

All Saturday sessions are played at Palo Verde Park located at the corner of Dobson and Pampa in Mesa (Between Guadalupe and Elliot).

## Lax Locker

8980 E Indian Bend Rd #1, Scottsdale, Az 85250

Phone: 480-951-3529 Fax: 480-998-5552

Albin Haglund (League Director) email: [albin@laxlocker.com](mailto:albin@laxlocker.com)

# LAX LOCKER—East Valley

## 5<sup>th</sup> Annual Fall Lacrosse

### 2 Youth Instructional Leagues

Oct 16-Nov 20 (6 weeks)

### Grades K-8<sup>th</sup> Beginner—Advanced

#### Young Guns League Oct 16---Nov 20

Fee \$159 Eligible: Open to all K-5<sup>th</sup> Grade Boys (Sessions 3-5pm each week)

This is a great learning session for the beginning boy or young novice player. Lax Locker stresses primary fundamentals of the game as a “must” to be successful at the sport. Lax Locker League Director Albin Haglund emphasizes stickwork as the essence to the game. The first one hour is designated to fundamental games and drills that make it fun and attentive for the young laxster. The following one hour, the boys will interact in game situations and most important learning the rules of the game. Each week coaches give out helmet decal awards. It is our most “popular” league.

#### Middie Instructional League Oct 16---Nov 20

Fee \$159 Eligible: Open to all current 6-8<sup>th</sup> grade boys (Sessions 3-5pm each week)

The league meets every Saturday for 2 hours for 6 consecutive weeks. Players will run and execute fundamentals and drills for the first hour followed by a full hour of league lacrosse games just like a jr high practice session. The young player receives instruction from some of the best coaches around including from the AYLL on the Lax Locker staff. This is also an excellent venue for getting your child placed on a team in the AYLL for the 2009 year. Last year, over 100 kids at this age group participated. This is a perfect venue for the beginner to pick up the sport and learn quickly and great for the AYLL player to brush up his fundamentals for the upcoming AYLL season and getting quality game time. An excellent way to start “fresh” for a new season.

**GOALIES PLAY FOR FREE!**

(Requires full equipment and US Lacrosse Membership, [www.uslacrosse.org](http://www.uslacrosse.org).)

*2 Leagues and 2x the fun for the price of 1!  
Bonus: All Players in our East Valley Leagues can play FREE  
every Sunday in Lax Locker's Scottsdale League.*

*AYLL Players from 2010 receive a \$25 discount off their league fee*

**\*\* Beginners** are encouraged to take Lax Locker's “**Intro to Lacrosse**” Clinics before participating in our youth leagues. It is not mandatory but helps all new players with their confidence on the basics.

**Purpose:** The Lax Locker promotes the great game of Lacrosse and simultaneously improves the skills and knowledge of every player in our clinics/leagues whether a first time participant or a seasoned veteran in the sport. Coaches emphasize fundamentals of the game but will stress sportsmanship, knowledge and respect for the game. Everyone is welcome regardless of ability!

Albin Haglund—League Director