

LAX LOCKER



2010 Winter Lacrosse Leagues K-8th Jan 17---Feb 21 (6 weeks)

Dear VIP Lacrosse Player and Lacrosse Parents

The Lax Locker and League Director Albin Haglund (NCAA & World Champion) are proud to announce their 7th Annual Youth Lacrosse Clinics and Leagues for Winter 2010 for Scottsdale. Lax Locker in their 7th year of the finest instructional lacrosse clinics in the southwest have introduced over 2000 local area youths to this phenomenal sport.

The Lax Locker is committed in putting together the most impressive and best staff of local coaches. The Lax Locker staff of 25 coaches last fall & spring boasted over 300 years of combined lacrosse experience. This year will be no different. This is a phenomenal staff dedicated to young lacrosse players learning the proper fundamentals and respect for one of the greatest games on the planet.

Purpose: The Lax Locker promotes the great game of Lacrosse and simultaneously improves the skills and knowledge of every player in our clinics/leagues whether a first time participant or a seasoned veteran in the sport. Coaches emphasize fundamentals of the game but will stress sportsmanship, knowledge and respect for the game. Everyone is welcome regardless of ability!

Albin Haglund—League Director

“New” 2010—6th & Under Regional AYLL Teams with Lax Locker

In 2010 the AYLL (Arizona Youth Lacrosse League) is providing 3-4 mini weekend tournaments for their “new” age division 6th Grade & Under. 6th graders can now get the best of both worlds by still participating in the 6-8th grade Jr High Division and/or the “New” Under 6th grade division. This gives the 6th grader more playing time, confidence and experience along with opening opportunities for league play to 5th graders and below. The Lax Locker is coordinating with the AYLL to field (2) or (3) Regional teams 6th & Under. All 6th & Under are welcome to play

Don't forget to visit our website www.laxlocker.com for all the current lacrosse happenings at our stores, leagues, clinics etc.

Lax Locker

7th Annual Winter Lacrosse Scottsdale Youth Instructional Leagues

Jan 17 –Feb 21 2009

3 Leagues

Chumash Instructional League (Open to all boys K-2nd)
Junior Instructional League (Open to all boys 3rd-6th)
REGIONAL TEAMS WILL PLAY JR LEAGUE
Middle Instructional League (Open to all boys 6-8th)



When

Chumash -75 min session Sun from 11:30am-12:45pm at Mtn View Park
(K-2nd Grade) * 6 weeks—Jan 17—Feb 21

Junior League---2 hr session Sun from 1-3pm at Mtn View Park
(3rd-6th Grade) 6 weeks -Jan 17—Feb 21

If you are playing 6th & Under Regional Team,
(includes a 1 ½ hr Wed Practice & 3-4 Sat mini-round robin Tourneys)

Middie League--2 hr session Sun from 3-5pm at Mtn View Park
(6-8th Grade) 6 weeks--Jan 17—Feb 21

Where

All Sunday sessions are played at Mountain View Park located
86th St. and Mt. View Rd in Scottsdale.

The fields are located behind Cochise Elementary School.

Practices for 6th Under Regional Teams TBA

Questions & More Info--contact

Lax Locker

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Albin Haglund (League Director)

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Lax Locker

2010 Winter Lacrosse Info Jan 17 –Feb 21

Chumash League “New” Fee: \$179

“New” Eligible: Open to all K-2nd grade Boys (75 minute session)

This introductory class/league is perfect for younger age children to begin their lacrosse career. This game, known as Chumash lets the boys put on the pads in a smaller field environment. Every Sunday, a ½ hr clinic is provided followed by a 45 min. league games. Chumash stresses lacrosse fundamentals in a lacrosse game atmosphere. This is a great venue for the young beginner which will provide the needed fundamentals and game type situations. A truly fun experience!!

(Requires full equipment and US Lacrosse Membership, www.uslacrosse.org.)

Junior Instructional League Fee: \$225

Eligible: Open to all 3-6th Grade Boys (2 hr session)

This will be our 7th Annual Winter Session. The league started with 4 teams in 2004. It was a huge success with both players and parents. The Winter session will see 64 boys in this age group get excellent instruction every Sunday, whether a beginner or advanced player. This enables the experienced players to strive for more, meanwhile, for the new player to learn the proper fundamentals and get tons of playing and learning time.

Each Sunday, the players go through a 1 hr. fundamentals practice followed by a 1 hr. league game. Our “once a week” format is perfect for boys to play lacrosse during the winter along with other activities. Each week players learn new drills and skills that they will use in league games. This league is noted for its excellent coaching led by Albin Haglund & the Lax Locker Coaching Staff. A must league if your child wants to start and continue in lacrosse.

(Requires full equipment and US Lacrosse Membership, www.uslacrosse.org.)

“NEW” Lax Locker Under 6th Grade AYLL Regional Teams Fee: \$300

These players will play every Sunday in the 3-6th Jr League. These teams will compete in the Jr. Instructional League but will also have 1x week practice on Wed (TBD) and participate in 3-4 round-robin mini-tourneys on Saturdays during the AYLL season. These teams will also compete in the season-ending AYLL Cactus Cup tournament. Players will receive game shorts along with pennie.

Middie Instructional League Fee: \$225

2010 AYLL Players receive a \$25 discount

Eligible: Open to all current 6-8th grade boys (2 hour session)

Beginner to Advanced

This league is a stepping stone for all boys looking to learn and play lacrosse. This league enables all players to get equal playing time and instruction from beginner to advanced skill levels. 2010 AYLL (Arizona Youth Lacrosse League) players are welcome to play as our league plays only on Sunday and will not interfere with your teams’ practices or games. ALL CURRENT AYLL 2010 PLAYERS RECEIVE A \$25 DISCOUNT. The league meets every Sunday for 2 hours for 6 consecutive weeks. Players will run and execute fundamentals and drills for the first hour followed by a full hour of league lacrosse games. Practices are conducted just like a jr high practice session. The young player receives instruction from some of the best coaches around including from the AYLL on the Lax Locker staff. This is a perfect venue for the beginner to pick up the sport and learn quickly and great for the AYLL player or advanced player to continue honing fundamentals and getting game time against other advanced players. (Goalies Play FREE.)

(Requires full equipment and US Lacrosse Membership, www.uslacrosse.org.)

Deadline for all leagues is Thursday Jan 14, 2010

Leagues are limited in each division due to field allocations.

Register early as leagues will fill fast

Equipment

“New Players Receive \$50 Discount off League”

All Leagues are full equipment leagues—each player must have stick, lacrosse helmet, shoulder pads, arm pads, gloves, mouthguard to participate. Equipment Packages League players are available at the Lax Locker Stores at \$189 and up (Includes helmet, shoulder pads, arm pads & gloves). An athletic cup is recommended but not required.

New Players, see links regarding \$50 League discount & Equipment Packages

<http://www.laxlocker.com/equipmentDiscount.cfm>

<http://www.laxlocker.com/pdfs/EquipmentIntroduction.pdf>

****All League Players---US Lacrosse Membership (K-12th grade)**

All League players must be a current member of US Lacrosse to participate. Membership is \$25 per year for players K-8th, \$35 per year for High School Players. You can register easily on-line at www.uslacrosse.org. The Lax Locker will have to have confirmation by fax, e-mail, etc. in order for your child to participate. Please forward this info with your registration form in the box on the form.

10 FAQ

- Do you provide water at practices & clinics? Yes, ice water is provided at all Sunday and extra practice sessions. **No longer is water provided due to Swine Flu outbreak—must bring your own.**
- Will my son get proper coaching even if it is his first time playing lacrosse? The Lax Locker is known for its excellent coaching staff. This is the best league for all players whether a beginner or veteran. We recommend beginners take our “Intro to Lacrosse” Clinics before league play!
- Do you rent equipment at the Lax Locker? No, our introductory equipment packages along with “new player” discounts assure you of quality new merchandise for almost the same price you would pay for old or used equipment.
- Will my son get equal playing time? Yes, whether beginner or veteran, all coaches are instructed to give equal play time. Most kids want off the field (lot of running) before they want in (lots of substitution.)
- Can my son be on the same team with his friends? Yes, we generally can guarantee at least one player, however, multiple requests can not be promised but we will try to accommodate..
- How do I register? You can come by any one of our Lax Locker stores or you can simply mail or fax the registration form in with payment info. We accept all major credit cards (MC, Visa, Amex, Dis).
- How do you communicate information during the season? We almost entirely communicate through e-mail. (Very important you include your e-mail address on your registration form neatly and accurately. We also make information available through our website www.laxlocker.com.)
- What happens if we miss a week or two due to vacation or illness? We have adequate players on the roster so no team is left shorthanded—there are no prorations or refunds of league fees.
- What happens if my child is hurt or sick during the games? Each and every Sunday, we provide a First Aid Tent with a licensed EMT on duty for all injuries and sickness. EMT is not available at weekday practices.
- Why do K-12th graders have to join U.S. Lacrosse? U.S Lacrosse is the governing body of most lacrosse leagues in the country. Our liability and certificate of Insurance is with US Lacrosse. Everyone must be a member before they can participate.